



सत्यमेव जयते

भारत का राजदूतावास, बहरीन

Embassy of India, Bahrain

PRESS RELEASE

International Day of Yoga 2022

The Embassy of India, Bahrain celebrated the International Day of Yoga (IDY) this year with two events on 21 June 2022 as part of the “Global Yoga Ring” which envisaged the live telecast of Yoga sessions, progressively from East to West across the world. The events on 21 June was a culmination of more than 30 events throughout the month of June to celebrate Yoga.

2. The first event on 21 June was simultaneous morning yoga protocol and exercises which was held at 7 schools in Bahrain, with a participation of more than 700 students from various nationalities. H.E. Shri Piyush Srivastava, the Ambassador of India to Bahrain participated in the Global Yoga Ring from the Indian School, Bahrain. This was followed by the main yoga session at the Isa Sports City in association with Ministry of Youth and Sports and National Health Regularly Authority, Kingdom of Bahrain. Ms. Namat Al Subaie, Advisor, Allied Medical Profession, NHRA and Mr. Mahmood Abdulsamad, Head of Operations Re-engineering, Ministry of Youth & Sports and Diplomats joined Ambassador in the event. The event was attended by around 400 yoga enthusiasts including yoga practitioners, members of the diplomatic corps, representatives from Indian associations, and members of Indian and Bahraini community. The winners of the online quiz conducted by Bahrain Chapter Institute of Chartered Accountant India and the 8-day

yoga challenge conducted by Indian Ladies Association were also honored during the session.

3. The celebration of IDY 2022 kick-started with a curtain raiser event on 3 June 2022, with participation of around 100 yoga enthusiasts and teachers from across Bahrain, followed by a Bicycle rally to Bahrain fort.

4. In partnership with Art of Living (AOL), Bahrain India Culture & Arts Services (BICAS) and Bahrain Chapter of Institute of Chartered Accountants of India (BCICAI), the Embassy also held more than 30 events in less than three weeks from the curtain raiser to International Day of Yoga. The yoga campaign in Bahrain this year has stood out with its diverse engagements ranging from schools to organizations to clubs. A special session for specially abled (divyang) children and yoga quiz for more than 350 students from different schools in Bahrain were the highlights. All the events have received enthusiastic response from Indian and Bahraini community members, yoga enthusiasts and children.

5. Recognizing its universal appeal, on 11 December 2014, the United Nations proclaimed 21 June as the International Day of Yoga by resolution 69/131, proposed by India, and endorsed by a record 175 member states. The proposal was first introduced by Hon'ble Prime Minister Shri Narendra Modi in his address during the opening of the 69th session of the General Assembly, in which he said: "Yoga is an invaluable gift from our ancient tradition. Yoga embodies unity of mind and body, thought and action ... a holistic approach [that] is valuable to our health and our well-being."

6. The Embassy takes this opportunity to express gratitude to the Government of the Kingdom of Bahrain for its support and facilitation in holding the events. The Embassy also thanks the

school children, and members of Indian and Bahraini community for their enthusiastic participation, and schools and Indian and Bahraini yoga centres and associations for partnering with us in making the celebrations of IDY 2022 a resounding success.















Recording... LIVE on YouTube You are viewing Maheshkumar's screen View Options

The resolution to declare 21 June as International Day of Yoga was passed by

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Kahoot!

- UN General Assembly
- UN Security Council
- Bahrain Chapter of ICAI
- Indian Parliament

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